



Dear Parents/Carers

All 2021 Year 7 students are invited to attend Year 7 Camp at Action Learning Initiatives (ALI) Jindabyne on Wednesday, 3 March to Friday, 5 March during Week 5 of term 1 2021. We know from experience that this is a valuable activity for your child and we would like all year 7 students to attend this camp.

### Purpose

The program is designed to develop new relationships in a fun and balanced program that will challenge and extend students in a safe and supportive environment. The camp will focus on the following outcomes for year 7: teamwork, interpersonal skills, building self-esteem, appreciation of difference and developing positive relationships with fellow year 7 students, staff and Year 10 peer support leaders.

### Activities

- **Hike**- Full day activity in Kosciusko National Park: Walking to the peak of Mt Kosciuszko and return, including a return chairlift ride at Thredbo and flora and fauna content along the walk
- **Pool** – Pool session with waterslide at the completion of the Hike in the AIS indoor heated pool at Thredbo.
- **Mountain Biking** – ½ day session on site at Bungarra- students will be assessed according to ability and will be guided by specialist staff, learning new skills and navigating various terrain and trails to develop their riding skills.
- **Canoeing** – ½ day session on Lake Jindabyne. Students will be guided around the waterways of Lake Jindabyne wearing a PFD at all times whilst in the water.
- **Raft Building & Team Initiatives** – ½ day session at Lake Jindabyne. Students will be split into teams and will build a seaworthy raft using the materials supplied. They will wear a PFD at all times whilst in the water. They will also participate in initiatives requiring teamwork and problem-solving skills.

### Evening activities:

- Peer Support Session run by the Year 10 Peer support leaders
- Disco. Students will enjoy an evening of fun on the dance floor, busting some moves to their favourite tunes.

### Transport

Transport will be provided in two large coaches and will pick up students from Gold Creek School. The coaches will be responsible for all transport movements of Year 7 students for the duration of the program: collecting the group from school, remaining at camp throughout the program and returning the group to school at the completion of the program. More information about departure and return times will be provided before the camp.

### Accommodation and Meals

The camp includes two night's accommodation at Bungarra Alpine Centre in separate dormitories for boys and girls. The program includes catering from day one dinner to day three lunch. Dietary and allergy concerns need to be submitted closer to the commencement of the camp.

Students will need to provide snacks and lunch on Day One of the program.

## Staff

The permanent staff at 'Action Learning Initiatives' conduct most of the programs and activities. All staff members are fully qualified with specialist skills and experience. Peer support sessions will be run by Gold Creek School staff and Year 10 Peer Support Leaders. At least one teacher from Gold Creek School and two peer support leaders will be assigned to each group for all activities.

## Cost

The cost per student will be **\$422**. This cost includes transport, accommodation, food, staffing, all practical activities and equipment and entry costs.

To ensure your child has the opportunity to attend the year 7 camp, we ask that you please provide a **deposit of \$100 to the front office by Friday 27 November**. Alternatively, if you have credit for a previously cancelled camp, this can be transferred over for year 7 camp and your payment plan adjusted to reflect this.

As we must pay for the camp in advance, your final payment is required by **Friday 12<sup>th</sup> February 2021**; **however, earlier payment and receipt of notes is appreciated**. The school will not extend the payment deadline so please pay as soon as you are able so that your child does not miss out on the camp.

## Payment plan

Term	Week	Date	Amount
4	Week 7	Friday 27 November 2020	\$100 Initial Deposit / Secure Position (non-refundable)
4	Week 9	Friday 11 December 2020	\$150
1	Week 2	Friday 12 February 2021	\$172
<b>Total</b>			<b>\$422</b>

**Please find attached the permission note, medical form, swimming ability form and packing list. These forms need to be returned with the first deposit by Friday 27 November 2020.**

More details about the camp will be distributed closer to the date.

## Parent/Carer Declaration and Permission for Students to Attend Excursion

If there is insufficient total funding available to meet the cost of the excursion, regrettably we may not be able to proceed.

*Staff accompanying students on excursions will take all reasonable care while supervising students to protect them from injury and to control and supervise their behaviour and activities. Parents should be aware that staff are not responsible for injuries or damage to property which may occur on an excursion where in all circumstances staff have not been negligent. Parent should warn children of the risk to themselves, to others and to property resulting from impulsive, wilful or disobedient behaviour.*

In the case of an emergency, I am aware that the school/teacher in charge/first aid officer may:

- arrange transport of the student by ambulance
- seek medical attention for the student at the nearest or most convenient medical facility
- administer a bronchodilator inhaler to the student in an asthma attack, and
- advise the emergency contact held by the school.

I understand that neither the school nor the ACT Education Directorate accepts responsibility for costs incurred on my behalf in securing medical treatment and associated services for my mentioned son/daughter/ward.

**I am aware that I am responsible for the ambulance costs outside the ACT.**

**Please be aware if students withdraw from the excursion, they may only be able to be refunded for activity specific costs. The bus component of this excursion will not be refunded if you do not attend.**

## GOLD CREEK SCHOOL PERMISSION SLIP

The Directorate is subject to the Commonwealth *Privacy Act 1988*. The Privacy Act requires that we comply with the Information Privacy Principles (IPPs), which are set out in the Act, and which govern the collection, use, storage and disclosure of personal information. Both photographs and names may be personal information, within the meaning of the Privacy Act.

### YEAR 7 CAMP 2021

Please return this form to the school by the final date shown below. Payments over \$10 will be issued with a receipt

Permission note and deposit of \$100 due by: Friday 27 November 2020 **GL CODE:** 8164-000-00

I give permission for my child \_\_\_\_\_ class \_\_\_\_\_ to attend/participate in the Year 7 Camp 3 March 2021 to 5 March 2021

Amount Enclosed \$ \_\_\_\_\_ Parent/Guardian's Name \_\_\_\_\_

*If my child's behaviour presents an OH&S issue, travelling to or whilst at the activity, I understand that they may be excluded from the program, and that his/her future participation in events may need to be negotiated.*

(Students and parents/guardians should also familiarise themselves with the Code of Conduct and Emergency procedures on the reverse of this form).

Photographs may be taken during this activity. As required by the Privacy Act we are seeking your permission for your child's name and photographs of your child, to be collected, used and disclosed to record, celebrate and promote this activity. You are not required to grant permission this is a matter entirely within your discretion. However, by granting permission you will greatly assist in the promotion to the community of the educational opportunities provided by ACT public schools.

SIGNATURE \_\_\_\_\_ DATE \_\_\_/\_\_\_/\_\_\_ CONTACT NO: \_\_\_\_\_

Yes my child can be photographed for this activity and used as outlined above.

No my child cannot be photographed in this activity and used as outlined above.

PLEASE TICK PAYMENT TYPE:

QuickWeb:  Direct Deposit:  BSB No: 032 777 ACC No: 001340

**Please include student name, class & payment detail**

The school encourages families to use our Quickweb banking facilities available through our website as it is a safe and secure way of making payments. Please use the URL below to take you to the Schools QuickWeb payment tab. [http://www.goldcreek.act.edu.au/parent\\_information/payment](http://www.goldcreek.act.edu.au/parent_information/payment)

Payment Instalment of \$150 by **11 December 2020**

**Student Name:** \_\_\_\_\_ **Class:** \_\_\_\_\_

For year 7 Camp Jindabyne Wednesday, 3 March – Friday, 5 March 2021. GL CODE: **8164-000-00**

SIGNATURE \_\_\_\_\_ DATE \_\_\_/\_\_\_/\_\_\_ CONTACT NO: \_\_\_\_\_

PLEASE TICK PAYMENT TYPE

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Please include student name, class & payment detail (Jindabyne) Receipt No: \_\_\_\_\_

Payment Instalment of \$172 by **12 February 2021**

**Student Name:** \_\_\_\_\_ **Class:** \_\_\_\_\_

For year 7 Camp Jindabyne Wednesday, 3 March – Friday, 5 March 2021. GL CODE: **8164-000-00**

SIGNATURE \_\_\_\_\_ DATE \_\_\_/\_\_\_/\_\_\_ CONTACT NO: \_\_\_\_\_

PLEASE TICK PAYMENT TYPE

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Please include student name, class & payment detail (Jindabyne) Receipt No: \_\_\_\_\_



# EXCURSION MEDICAL INFORMATION AND CONSENT FORM

The Directorate collects the information contained in this form to provide or arrange first aid and other medical treatments for students. The information collected will be held at your child's school and will be made available to staff of the school and to medical or paramedical staff in the case of an accident or emergency. The information contained in the form is personal information and it will be stored, used and disclosed in accordance with the requirements of the *Privacy Act 1998(Cwth)*. Parents/carers note that in the absence of an Emergency Treatment Plan only standard First Aid should be administered.

### Personal Details

Student's Name:		Date of Birth:		Sex:	<input type="checkbox"/> M <input type="checkbox"/> F
School:	Class:	Camp/Excursion:			
Parent/Carer:					
Address:					
Contact Telephone Nos					
Business Hours:		After Hours:		Mobile:	
Other Contact for Emergency:				Telephone No:	
Name of Student's Doctor:				Telephone No:	
Medicare No:	Private Health Fund Yes/No:		Membership No:		
Ambulance Fund: NOTE: Parents are responsible for ambulance costs outside the ACT.					

Please tick if your child suffers any of the following:

- |   |   |  |  |   |
|---|---|--|--|---|
| <input type="checkbox"/> allergies                    | <input type="checkbox"/> blood pressure | <input type="checkbox"/> epilepsy          | <input type="checkbox"/> hayfever        | <input type="checkbox"/> nose bleeds            |
| <input type="checkbox"/> anaphylaxis                  | <input type="checkbox"/> diabetes       | <input type="checkbox"/> fainting          | <input type="checkbox"/> headaches       | <input type="checkbox"/> reaction to drugs      |
| <input type="checkbox"/> asthma                       | <input type="checkbox"/> eczema         | <input type="checkbox"/> fits or blackouts | <input type="checkbox"/> heart condition | <input type="checkbox"/> sight/hearing problems |
| <input type="checkbox"/> other (please specify) _____ |   |  |  | <input type="checkbox"/> sun screen sensitivity |

If you have ticked any of the boxes above an Emergency Treatment Plan must be provided. Proforma Plans are available from the school. *NB. Without an Emergency Treatment Plan the school can only provide first aid treatment.*

Date of last tetanus injection:	
Has the student suffered from any acute illness or injury or been treated by a medical practitioner for an illness or injury during the last 4 weeks?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If YES, please state nature of illness/injury and obtain a report from the doctor that the student is fit to undertake the camp/excursion	
Is the student presently taking any medication?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If YES, please state name of medication, dosage, etc. The teacher in charge must be informed about the management of any medication prior to leaving on an excursion. Arrangements need to be agreed on the transport, storage and administration of medication. In all cases medication must be labelled with the students name, dosage and frequency of administration:	
Are you aware of any physical or psychological limitations of your child? Please give details.	
Is there any other information which you believe may help us to provide the best possible care?	

**Consent to medical attention:** In the case of my child requiring medical treatment or in the case of a medical emergency, I consent to the school providing first aid or treatment as outlined in an emergency treatment plan and I further authorise the school, where it is impracticable to communicate with me, to arrange for him/her to receive such medical or surgical treatment as may be deemed necessary. I also undertake to pay any costs which may be incurred for the medical treatment, ambulance transport and drugs.

Signed: \_\_\_\_\_ Parent/Carer

Date: \_\_\_\_\_



**Gold Creek  
School**

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Nicholls ACT 2913

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+ 61 2 6142 1300

Primary Site  
+ 61 2 6142 1340

[info@goldcreek.act.edu.au](mailto:info@goldcreek.act.edu.au)  
[www.goldcreek.act.edu.au](http://www.goldcreek.act.edu.au)

### **Year 7 Camp 2021 – Swimming Ability Note**

Please note: The information that you provide will assist in creating a safe environment for your child's participation in swimming/aquatic activities. A swim test will also be conducted by staff at Thredbo indoor pool prior to commencement of pool activities.

#### **PERMISSION TO PARTICIPATE IN THE AQUATIC ACTIVITIES OFFERD ON THE 2021 CAMP**

I DO give permission / DO NOT give permission (Please circle):

for my child (child's name) \_\_\_\_\_ to participate in the aquatic activities to be offered at the 2021 Year 7 Camp including: canoeing, raft building (activities run by ALI) and free swimming at the Thredbo indoor pool. (NB: students taking part in canoeing and raft building activities will be wearing personal floatation devices (PFD's) at all times).

Please describe in detail your child's swimming ability, e.g. water confidence, swimming strength, distance (swimming continuously) and ability to tread water.

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Please list any special requirements necessary for your child to participate in swimming/aquatic activities. \_\_\_\_\_

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I agree to my child taking part in swimming/aquatic activities associated with this excursion.

Parent/Carer signature: \_\_\_\_\_ Date: \_\_\_ / \_\_\_ /

## What you'll need for camp: a comprehensive list

### The baggage limits are:

- 1 piece of luggage,
- 1 backpack, and
- 1 sleeping bag
- 1 pillow

### STUDENT GEAR & EQUIPMENT LIST:

#### Essential (each student **MUST** have the following):

The following list is the equipment and clothing students must bring on the camp. Space is limited on vehicles and it is required that students bring all this equipment and clothing in a suitable bag or pack that they can carry:

- Packed lunch and snacks for Day 1 (Wednesday). Make sure you pack enough to keep your body well fueled for activities during the day**
- 2 litre water bottle (suggestion; recycle plastic bottle from home)
- Towel
- Sleeping bag
- Personal toiletries gear
- Sun hat AND beanie
- Sunscreen & lip balm
- Swimmers / board shorts & rashie
- 3 pairs of shoes:
  - For hiking (i.e. comfortable/adequate foot support)
  - For bike riding and general camp wear
  - Old pair of running shoes/river booties for canoeing (they will get wet)
- Torch with spare set of batteries
- Rain jacket with hood that is windproof and waterproof.
- Clothing: Enough warm clothing suitable for spending 3 days on camp (for example: track pants / shorts / t-shirts / warm tops / socks / underwear / pyjamas) – Must have long pants for hike - not jeans. **NOTE: Fleece or wool tops are best, no cotton jumpers if possible.**
- 2 large plastic garbage bags
- Day pack – medium to large size with 2 shoulder straps for hike
- Gloves
- Sunglasses
- Set of thermals top & bottom– polypropylene or wool are best
- Personal medication

Optional: Camera

**Any valuables are brought at their own risk. Teachers and camp staff are not responsible for personal property.**

For more details: [www.action-learning.com.au](http://www.action-learning.com.au) go to 'Client Log-In'

**General camp information** can be obtained using:

Username: student general Password: ali997