



Kelleway Avenue, Nicholls, ACT 2913  
www.goldcreek.act.edu.au

<b>SENIOR SITE</b>	<b>PRIMARY SITE</b>
<b>P</b> 02 6205 1814	<b>P</b> 02 6205 2955
<b>F</b> 02 6207 0471	<b>F</b> 02 6205 2966

## SCHOOL SUN SMART POLICY - Preschool-Year 6

### **Rationale:**

At Gold Creek School we understand that a balance of ultraviolet radiation (UV) exposure is important for health. Too much of the sun's UV can cause sunburn, skin and eye damage and skin cancer. Exposure to the sun's UV during childhood and adolescence is associated with an increased risk of skin cancer in later life. Too little UV from the sun can lead to low vitamin D levels. Vitamin D is essential for healthy bones and muscles, and for general health.

### **Aims:**

The school community, through the authorisation of the School Board, considers the School Sun Smart Policy and related procedures to:

- Ensure all children, educators and staff have some UV exposure for vitamin D.
- Ensure all children, educators and staff are well protected from too much UV exposure by using a combination of sun protection measures whenever UV levels reach 3 and above.
- Ensure the outdoor environment is sun safe and provides shade for children, educators and staff.
- Ensure children are encouraged and supported to develop independent sun protection skills.
- Support appropriate OHS strategies to minimise UV risk and associated harms for educators, staff and visitors.

### **Implementation:**

- A combination of sun protection measures are used for all outdoor activities from **September to the end of April** and whenever UV levels reach 3 and above.
- Active, outdoor sun safe play is encouraged throughout the day.
- **All** children are required to wear hats that protect face, neck and ears, i.e. legionnaire, broad-brimmed or bucket hats. Baseball or peak caps and visors are not considered a suitable alternative.
- Children who do not have appropriate hats or outdoor clothing are asked to choose a shady play space or a suitable area protected from the sun.
- SPF 30 or higher broad spectrum, water resistant sunscreen is supplied by the school and/or families.

Linda Baird  
Principal

David Vernon  
Board Chair

<b>School Board Issue Date:</b> 2015	<b>Review Date:</b> At the discretion of the Board
<b>Related Document:</b> Sun Smart Procedures	