



Semester 2 Unit Outline - 9/10 Girls Group Elective

MYP Assessment Criteria

Students are assessed against four equally weighted assessment criteria. Each criterion has eight possible achievement levels (1–8), divided into four bands with unique descriptors that teachers use to make judgments about students' work.

- Criterion A: Knowing and Understanding
- Criterion B: Planning for performance
- Criterion C: Applying and performing
- Criterion D: Reflecting and improving performance

Units of Inquiry	
Practical	
Statement of Inquiry: Performers respond and adapt to changing environments, challenges and situations. We develop an understanding of sense of self and limitations to refine and adapt to the environment and conditions.	
Theory	
Statement of Inquiry: Students understand the consequences of how exercise and dietary choices impact on the relationship between health components.	
Assessment Task	Due Date
Formative assessment - class tasks and class participation, including peer and individual teacher feedback on progress.	Ongoing
Criterion A: Theory Research task	Week 26
Criterion B: Exercise program	Week 25
Criterion B: 2 week meal plan	Week 25
Criterion C: Performance in practical lessons	Ongoing